

CINDY WARNER, APR

YOU'VE GOT A MENTOR IN ME

School PR can be one of the most rewarding careers—and also one of the most demanding. Long hours, constant crises, polarized communities, and high expectations often leave communicators feeling stretched thin and at risk for burnout. Mentoring provides a powerful way to change that story.

In this session, explore how mentoring relationships support both new and seasoned professionals, creating space for encouragement, mutual learning, and resilience. Discover how mentors can help colleagues thrive, why mentees have just as much to teach in return, and how building a culture of mentorship strengthens our entire profession.

PRESENTATION: 1 Hour





BOOK A PRESENTATION

Email cwarner@shelbyed.org with:

- I. Possible dates and times
- 2. Preferred presentation format (in person, virtual) and audience size
- 3. Your chapter's commitment to pick up expenses if applicable

Cindy will respond to you directly to book the presentation. Honorariums may be made to the <u>NSPRA Foundation</u> for the Advancement of Education.